

JACKEPATS Old Fashioned Butcher Shop

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Lamb Shanks with Leeks & Grapes

10 large meaty lamb shanks 6 tbsp extra-virgin olive oil 5 carrots peeled & cut 1 in pieces 6 leeks (white & green parts only) salt and pepper 2cups dry white wine 2 Spanish onions diced

3 cups brown chicken stock

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18 gloves of garlic 1 cup tomato sauce 2cups red grapes

Cut leeks crosswise into 1/2 moons. Salt & pepper lamb shanks. In Dutch oven heat oil and brown lamb shanks till golden brown (10-12 minutes). Set aside. Add onions, garlic, carrots, and leeks to the pot and cook till softened (8-10 minutes). Add wine, tomato sauce and stock to vegetables and bring to boil. Add lamb shanks to pot and bring back to boil. Cover pot and cook in oven at 375°F for 1½ hours or till meat is fork-tender. Remove from oven and add grapes. Stir gently and serve from pot.

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